Dear Parents, Carers and Community Members,

Thank you to all of our students and their parents who rose early to attend the Anzac march at Stratford on Monday. It was great to see our students representing our school with pride. Well done!

We’ve started to have conversations about healthy eating and looking at the food in our lunchboxes over the past week. I cannot emphasise enough the importance of healthy eating, especially for our children. Healthy food can stabilise energy, sharpen the mind and improve mood – allowing children to perform their best both in and out of the classroom. Please ensure that your child has a range of healthy options in their lunch box each day…the benefits will see them well into the future!

I have noticed an increase in the amount of caps being brought to school and would like to remind everyone that we are a Sun Smart school and therefore students must wear wide-brim hats when outside. Please leave your caps at home.

Choir lessons commenced last week. Lessons will run every Thursday morning from 8:30am to 9:10am.

Congratulations to Mr L’Orange and his partner Kelly on the arrival of beautiful little Evie Rose! Mr L’Orange returned to work this week after taking two weeks leave…and he can’t wipe the smile from his face!

Until our next newsletter…. Jessica Wertz, Principal

The measure of who we are is what we do with what we have.

Vince Lombardi

NEWSLETTER

Wednesday 27th April, 2016

School Office hours:
Mon – Thurs 8:30am to 3:00pm

School Watch: 13 17 88

P&C Association Meeting is held once a month at 6:30pm
President: Andy Grainger
Next Meeting: Monday 23rd May

DATES TO REMEMBER

May Monday 2nd
Labour Day Public Holiday
May Tuesday 10th to Friday 12th
NAPLAN Testing
May Monday 16th to Friday 20th
School Book Fair
May Wednesday 18th
School Photos
May Tuesday 24th
Chinese Day - Year 4/5/6
May Wednesday 25th
Under 8’s Day

Great state. Great opportunity.
Prep & Year 1 News – Ms Vallis

We are making wind ornaments over the next few weeks. If you have any materials at home that could be used to make them, please send them in to school with your child.

We are seeing some great improvements in our reading this term, all of the hard work is starting to pay off! It is important that you talk to your child about their school day so that they have the opportunity to tell you about what they have learnt that day, they will be excited to share their experiences with you!

Year 2/3 News – Miss Carvill

This week we have delved into our new science unit ‘Spinning Earth’. Students have showed a lot of curiosity, enthusiasm and excitement towards this new topic. We began by discussing the Earth and its observable features and then we moved our focus outward. We completed a project so that we could visually see the effect the sun has on the Earth as it rotates on its axis. We know that it takes 24 hours or one day for the earth to complete one full rotation on its axis and this is why we have day and night. We also discussed how the Earth not only rotates on its axis but also orbits the sun, as the sun is at the centre of our solar system and does not move. Students connected their calendar work and their knowledge about leap years with the fact that it takes 365 ¼ days for the Earth to complete a full orbit of the sun. I hope students have been coming home and sharing this new knowledge as it helps them to consolidate and remember what they have learnt. We can’t wait to see what we will discover next!
**Students of the Week**

**Mia:** for showing a wonderful effort with her home reading and some lovely classroom work as well.

**Lilou:** for showing continued respect in the classroom as she engages with others.

**Josh:** for applying himself to his work and always following our ROCKS rules.

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**“HELP” I’VE GOT A TEENAGER!**

HELP course for people with children twelve years and older.

The course runs for four weeks with two and a half hour session held weekly. Build a better relationship with your teen. Great information and strategies, discuss ideas, share experiences and increase your parenting skills. Discuss solutions, supportive and thought provoking.

**Topics include:**

- What behaviours are helpful
- What behaviours are unhelpful
- Understanding yourself and your teen
- Encouraging cooperation and problem solving
- Using consequences to build responsibility
- Identifying triggers
- Responding differently
- Communicating positively

**Where:** UnitingCare Community  
188 Aumuller St Bungalow

**When:** Wednesdays 4th, 11th, 18th and 25th May  
(4 week duration)

**Time:** 5:30pm - 8:00pm

**Cost:** $40.00 per participant or parent couple  
Course includes weekly handouts and tea/coffee

All enrolments and enquiries please phone  
UnitingCare Community Family Support 4032 6800
NORTH QLD COWBOYS VISIT!

Matty Bowen signing autographs for our students